

Sample Team Compact

The steps in creating a team compact are:

Step 1: As a team, brainstorm the rules, using the following prompts as a guide:

- In order to play our best, players would . . . (and would not . . .)
- In order to treat each other with respect and care, players would . . . (and would not . . .)

Step 2: Create a comprehensive (but concise) list of rules.

Step 3: Establish a hierarchy of consequences.

RULES FOR PLAYING OUR BEST. *Players will:*

1. WORK HARD.
2. KEEP A POSITIVE ATTITUDE.
3. BRING ALL THEIR EQUIPMENT.
4. DON'T GET DOWN ON THEMSELVES OR ANYONE ELSE.
5. LISTEN TO THE COACH.

RULES FOR TREATING OTHERS WITH RESPECT & CARE. *Players will:*

1. PLAY FAIR.
2. RESPECT AND HELP EACH OTHER.
3. BE POSITIVE (NO PUT DOWNS).
4. SHOW RESPECT TO THE OTHER TEAM AND THE OFFICIALS

Consequences for Rule Violations:

- *First consequence:* A reminder of the rule.
- *Second consequence:* Benched for the rest of the practice or game. Written apology.
- *Flagrant violation of respect or sportsmanship:* Benched for next game. Written apology and coach-player-parent conference.
- *Repeated flagrant violation:* Suspended for rest of season.

Signed (Player) _____