

## SOCCER



<b>Game:</b>	Quick Croquette
<b>Number of Players:</b>	Two or more players are needed for this game.
<b>Equipment:</b>	One or two soccer balls and seven cones are needed to play this game.
<b>Playing Field:</b>	This game can be played in a backyard, park, or on any field.
<b>Objective:</b>	The object of this game is to kick a soccer ball through a series of goals in the shortest amount of time possible.

### Game Description:

- ⚽ This game is similar to Croquette except players kick a soccer ball.
- ⚽ Place each set of two cones as a “goal” approximately two feet apart. Each “goal” should be approximately 15 to 20 paces away from another goal and should be placed in a zigzag formation.
- ⚽ One lone cone should be placed at the same distance from the last goal and is the final target.
- ⚽ A player begins at a designated starting spot and attempts to kick the ball through the first goal.
- ⚽ If the player misses the first goal, he or she must dribble the ball with their feet back to the starting spot and attempt to kick it through the first goal again.
- ⚽ Once they have successfully kicked the ball through the first goal, he or she can attempt to kick the ball from a designated spot near the first goal through the second goal, and so on until he or she has kicked the ball through each designated goal and finally kicks the ball to hit the last lone cone. The objective is to complete this in the least amount of time possible.

### Guidelines/Modifications:

- ⚽ The size and distance between the goals can be adjusted depending on the players’ abilities.
- ⚽ If there are enough players and equipment, more than one course can be set up and players can have competitions. Example: \*One successful goal = one point; two successful goals = two points; three successful goals = three points; three successful goals + last lone cone hit = four points. Players start at the same time and when one player completes the course, that heat is over. The player who completed the course first gets four points. If the other player made it through the first goal only, he or she would receive one point; two goals = two points; three goals = three points. The competition can be played with up to two heats or more with any number of players.

(continued)



- ⚽ If there are enough players, goalies can be used.
- ⚽ Modified equipment such as stakes, sticks or actual hockey, soccer or lacrosse goals can be used in place of cones.