

## BASEBALL



<b>Game:</b>	One Bounce Baseball
<b>Number of Players:</b>	Two or more players are needed for this game.
<b>Equipment:</b>	One bat, one ball, one base and four cones are needed to play this game. (If using a baseball or softball, gloves should be worn by all fielders.)
<b>Playing Field:</b>	This game can be played in a backyard, park, or on any field.
<b>Objective:</b>	The object of this game is to field a hit ball, either in the air or after one bounce, to prevent a hitter from scoring runs.

### Game Description:

- Set up the four cones in a square formation with a distance between cones of approximately 20 paces.
- Place home base at a distance from the four cones that is appropriate to the players' hitting abilities.
- The inside of the four cones is the fielding area where a hit ball must land in order to be in fair play.
- Anything hit outside of the square is considered a foul ball but can be played by the fielder.
- The hitter stands at home base and tosses the ball to him or herself attempting to hit the ball in fair play.
- If the ball lands in fair play and bounces at least two times, it is a run for the hitter.
- If the fielder catches the ball in the air or after one bounce, it is considered an out regardless if the ball is in fair play or not.

### Guidelines/Modifications:

- If there are an odd number of players, a pitcher can be designated.
- The number of innings and outs can be designated by players depending on time, players' abilities, etc.
- The distance between the cones and the distance from the cones to home base can be adjusted based on players' abilities and/or the number of players.
- Cones can be set up in any formation such as a rectangle, triangle, etc.
- Modified equipment can be used such as a whiffle bat and ball, tennis racquet and ball, etc. Various items such as rags, sticks, towels, etc. can be used in place of the cones. Various items can also be used for the base.